

## TRAFFIC LIGHTS

Here is a fun method for evaluating your work.

You can do this on your own and with a group.

On the next page you will find some traffic lights with some space next to the three colours. You can use these colours to describe your feelings about an activity or an event.

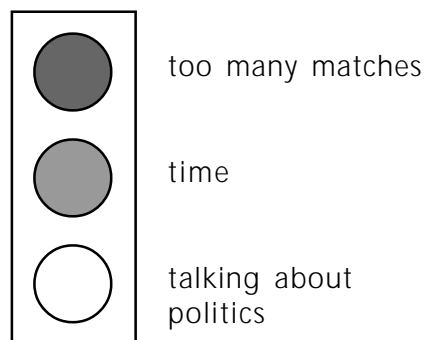
**Red:** indicates a bad experience, you are not pleased with how the activity went

**Orange:** indicates that it was okay, but you're not very enthusiastic, it could have been better

**Green:** indicates a positive result, you feel it went well, would do the same again, etc

### Example

Look at the *Activity* in *Taking an Active Part and Feeling Involved* in this pack about talking in a group and using matches to record everytime each person speaks. (page 263) Here is one person's comment on the *activity* using traffic lights:



From this information you can see at a glance that this person did not enjoy using the matches as part of the *Activity* and wouldn't choose to use this method again. He/she thought that the time spent on the *Activity* was about right. He/she enjoyed the discussion about politics that developed during the *Activity*.



### Activity 1

Now evaluate something you have done recently. Think about something you have just completed. Write about it here:

What did you consider to be RED, ORANGE and GREEN about this *Activity*? Write your ideas next to the traffic lights below.



### Discussion

Once everyone in the group has completed their traffic lights show them to each other and notice where they are similar and where they are different. Discuss any ways in which you would change the *Activity* if you had to do it again. Think about ways you could change the RED LIGHT ideas and keep the GREEN LIGHT ideas.